

*Psalm 27:6*

*<sup>6</sup> And now my head shall be lifted up  
above my enemies all around me,  
and I will offer in his tent  
sacrifices with shouts of joy;  
I will sing and make melody to the LORD.*

**Main idea:**

**Thanksgiving is born out of confidence in God's goodness.**

How do we have confidence that God is good?

→ Knowledge of God and His work

What is a healthy Biblical expectation for God's activity?

→ The salvation of His people

*Ephesians 1:5-10*

*In love <sup>5</sup> he predestined us for adoption to himself as sons through Jesus Christ, according to the purpose of his will, <sup>6</sup> to the praise of his glorious grace, with which he has blessed us in the Beloved. <sup>7</sup> In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace, <sup>8</sup> which he lavished upon us, in all wisdom and insight <sup>9</sup> making known to us the mystery of his will, according to his purpose, which he set forth in Christ <sup>10</sup> as a plan for the fullness of time, to unite all things in him, things in heaven and things on earth.*

We look at the world and God's activity in it through the lens of His salvific purpose.

1) Adoption (care and love) *Romans 8*

*Matthew 6:26 Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they?*

2) Sanctification (change) *1 Peter 1:3-4*

How to grow in thanksgiving:

- Read Scripture,
- Interact with God,
- Evaluate testimonies,
- Live in community,

Knowledge of who God is and what He does leads us to an attitude of thanksgiving.

A heart of thanksgiving results in:

- 1) Changed perception *And now my head shall be lifted up above my enemies all around me,*
- 2) Personal transformation *and I will offer in his tent sacrifices with shouts of joy;*
- 3) Persistent worship *I will sing and make melody to the LORD.*